

## Morrow County Health District Impact of 2018-2021 Strategies

<b>Morrow County Priority Need</b>	<b>Morrow County Health District Strategy</b>	<b>Impact or Outcome Evaluation</b>
<p>1. Provide education and/or programs to promote healthy lifestyles</p>	<p>Contribute community health education articles to local news media and post on District’s website</p> <p>Provide health information through the MCHD newsletter to every household in Morrow County</p> <p>Provide courtesy healthy foot care clinics</p> <p>Provide diabetes education classes</p> <p>Provide free community blood pressure testing</p> <p>Provide free annual adolescent well care visits</p> <p>Provide trauma nurse “Talk Tough” sessions in all Morrow County schools</p>	<p>Periodically published health education articles in newspapers and web</p> <p>Distributed quarterly</p> <p>Foot care clinics were offered monthly in Boardman and Heppner</p> <p>Unable to arrange classes, however primary care clinics offered a recipe swap event and highlighted options from appetizers to desserts.</p> <p>Available anytime at hospital and all primary care clinics</p> <p>Partnered with Columbia River Health, Morrow County and Ione School Districts and CARE Program to ensure adolescent well care exams were offered to all children ages 11-21 in Morrow County; which included a sport physical if needed.</p> <p>Unable to provide “Talk Tough,” however primary care clinic staff visited schools and held interactive events with students that</p>

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<p>1. Provide education and/or programs to promote healthy lifestyles continued</p> <p>2. Improve communication and coordination among health service providers, and improve communication between health care providers and the community</p>	<p>Provide community health education and prevention events throughout Morrow County at health fairs, special events and in the schools</p> <p>Provide liability insurance coverage or other support for community fitness classes as scheduled</p> <p>Collaborate with other health organizations serving Morrow County to strengthen CARE Program serving women, children and families through wraparound services</p> <p>Work with Eastern Oregon Health Living Alliance and Eastern Oregon CCO Colorectal Cancer Grant emphasizing prevention, education and screening</p> <p>Employ care coordinators in each primary care clinic to focus on preventive services</p> <p>Hire full-time community relations &amp; communications coordinator to facilitate program planning and events</p>	<p>focused on physical and mental health and safety</p> <p>Participated in multiple community events throughout the county and hosted special events at the primary care clinics that highlighted colorectal cancer awareness, healthy diet and exercise, chronic disease management, end of life planning, and men and women’s preventative health plans.</p> <p>Available if needed. A free yoga class was offered.</p> <p>Primary care clinics worked in collaboration with CARE Program and received referrals on an ongoing basis</p> <p>Participated in community events, provided inflatable colon display, free testing kits and education on the importance of early detection.</p> <p>Employed two full-time care coordinators that managed preventative health maintenance reminders and scheduling at primary care clinics</p> <p>Hired a full-time community relations communications coordinator that collaborated with all</p>

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<p>2. Improve communication and coordination among health service providers, and improve communication between health care providers and the community continued</p>	<p>Provide Patient Centered Primary Care Home services in all primary care clinics</p> <p>Continue serving as the medical sponsor of the school-based health center at the Ione Community Clinic working in collaboration with the Morrow County Public Health Department, Advantage Dental, Community Counseling Solutions and Ione Community School to provide services to students and the community</p> <p>Serve as appointed member of Local Community Advisory Council to Eastern Oregon Coordinated Care Organization and founding member of Community Health Improvement Partnership to share information and coordinate county-wide services and programs</p> <p>Contribute community health education articles to local news media</p> <p>Provide health information through the MCHD newsletter to every household in Morrow County</p> <p>Provide information about MCHD services including: Website, Facebook, billboards in each town, service description brochures in waiting rooms</p>	<p>District locations and communities to provide educational events in each community.</p> <p>All three primary care clinics maintained PCPCH certification</p> <p>Ione Community Clinic is operating as a School Based Health Center and also as a Rural Health Clinic, serving community members of all ages</p> <p>Morrow County Health District continued to serve on the LCAC and CHIP board</p> <p>Periodically published health education articles in newspapers</p> <p>Distributed quarterly</p> <p>The District created a Facebook page for information distribution and service brochures are available at all District locations</p>

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2. Improve communication and coordination among health service providers, and improve communication between health care providers and the community continued	<p>Employ care coordinators in each primary care clinic to focus on health prevention services</p> <p>Provide financial assistance on accounts, Medicare Part D enrollment, and state insurance enrollment services at District locations.</p>	<p>Employed two full-time care coordinators that manage preventative health maintenance reminders and scheduling at primary care clinics.</p> <p>Trained employees provided assistance completing the state insurance enrollment to patients. Continued to offer financial assistance on accounts and enrollment of Medicare Part D.</p>
3. Youth mental health	<p>As mental health and some alcohol and drug treatment services are outside the scope of services for the MCHD, the District will continue to provide referral and collaborate with the local behavioral health care provider which is the lead agency providing services to the community</p> <p>Explore opportunities to offer behavioral health services at primary care clinic locations</p>	<p>Hospital and clinics continued to provide referrals to local behavioral health provider.</p> <p>Behavioral health staff integrated into each primary care clinic</p>
4. Alcohol/tobacco/drug use	<p>Primary care clinics provide tobacco screening and education, alcohol use screening and referrals for treatment if appropriate</p>	<p>Screening provided at every admission and referrals for treatment were sent</p>
5. Maternal, child & family health	<p>Collaborate with other health organizations serving Morrow County to strengthen CARE Program to serve women, children and families through wraparound services</p>	<p>Primary care clinics worked in collaboration with CARE Program and received referrals on an ongoing basis</p>
6. Oral health	<p>Dental treatment is outside of the scope of services of MCHD but the District partners with Advantage Dental for referral of patients needing dental treatment</p>	<p>Patients were referred to Advantage Dental if appropriate</p>

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<p>7. Chronic Disease (Obesity)</p>	<p>Contribute community health education articles to local news media and post on District’s website</p> <p>Provide health information through the MCHD newsletter to every household in Morrow County that includes topic about healthy eating</p> <p>Provide diabetes education classes</p> <p>Provide free community blood pressure testing</p> <p>Provide free annual adolescent well care visits</p> <p>Provide community health education and prevention events throughout Morrow County at health fairs, special events, and in the schools</p>	<p>Periodically published health education articles in newspapers and posted on District’s website.</p> <p>Distributed quarterly</p> <p>Unable to arrange classes, however primary care clinics offered a recipe swap event and highlighted options from appetizers to desserts.</p> <p>Available anytime at hospital and all three clinics</p> <p>Partnered with Columbia River Health, Morrow County and Ione School Districts and CARE Program to ensure adolescent well care exams were offered to all children ages 11-21 in Morrow County; which included a sport physical if needed.</p> <p>Participated in multiple community events across the County along with holding held special events at the primary care clinics, highlighting colorectal cancer awareness, healthy diet and exercise, chronic disease management, end of life planning, men and women’s preventative health plans.</p>

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7. Chronic Disease (Obesity) continued	Provide liability insurance coverage or other expenses for community fitness classes as scheduled	<p>Collaborated with the Office of Rural Health and our local pharmacies to offer free medication education consults to patients.</p> <p>Available if needed for classes. A free yoga class was offered and highly attended in the north side of the county until the pandemic closed the physical location.</p>